







# Wrist Arthroscopy Course From Basic to Advance procedures

IRCAD-IWC learning courses. With the presence of Professor Mathoulin and his international team

# Date:

24-25 May, 2022

Course Fees

AED 5,500 + 5% VAT

Last Date of Registration:

25 April, 2022

#### **COURSE DIRECTOR**



Dr. Marouane Bouloudhnine Hand to Shoulder Center, Burjeel Hospital for Advanced Surgery, Dubai

#### INTERNATIONAL FACULTY



Christophe MATHOULIN President of IRCAD - IWC, Paris



Dr. Olivier Mares - France Chief of Hand and Upper Limb Surgery Orthopedic Department - Nimes University Hospital Course director at IRCAD for Wrist Arthroscopy and Ultrasound surgery



Dr Ahlam Arnaout - Paris
Wrist and Hand surgeon
International Wrist Center - Wrist center Paris
Institut de la Main, Paris, France



Dr Abhijeet Wahegaonkar - India Adjunct Professor of Orthopaedic & Hand Surgery, Director — Hand Surgery Fellowship Program Head -Dept. of Hand Surgery

#### **EMIRATES FACULTY**



Dr. Nebojsa Jovanovic Orthopedic surgeon and traumatologist-Hand surgeon Rashid Hospital, Dubai



Dr. Ehab Aldlyami Specialist Orthopedic Surgery Hand & Wrist Injuries Medcare Orthopaedic Centre.

#### Level:

**Basic to Advanced Course of Wrist Arthroscopy** 

#### Objective:

- Give capabilities to diagnosis and treat Basic to complex wrist lesions using arthroscopic techniques.
- Give capabilities to diagnosis and treat distal radius fracture with up-to-date low profile distal radius plates and advanced technics by arthroscopy

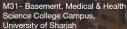


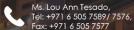
O Location: Sharjah Surgical Institute, University of Sharjah

For Registration, please scan the QR code











Dusit Thani









Sharjah Surgery Institute is committed to inspiring surgeon education by offering surgical skills workshops and courses in our state-of-the-art research facility.

From which we are offering a Course of Wrist Arthroscopy for Orthopedic and Hand surgeons with the presence of worldwide renowned faculty from International Wrist Centers (IWC).

#### THE WRIST ARTHROSCOPY

Initially considered an innovative diagnostic tool, wrist arthroscopy has gradually emerged over the past 30 years as one of the gold standards in the treatment of number of post traumatic and degenerative pathologies of this complex joint. It is now regarded as an essential skill for any surgeon of the upper limb, hand, and wrist.

Learn from basic to advanced procedures in wrist arthroscopy in both theorical and practical sessions held in two days. With the assistance of an international experienced faculty, the course agenda includes 4 cadaver lab hands-on training sessions focused on the must-known techniques such as cyst removal, TFCC repair, capsulo-ligamentous suture for scapholunate instability etc..

#### **COURSE OBJECTIVES**

- To acquire the theoretical and practical bases of wrist arthroscopy
- To provide indications for surgical treatment and discuss operative complications
- To cover a broad spectrum of arthroscopic procedures in wrist surgery
- To allow discussions and debate between surgeon trainees and experts
- To provide hands-on sessions to improve skills in wrist arthroscopy through practice on live tissues under experts' tutorials
- To diagnosis and treat distal radius fracture with up-to-adate low profile distal radius plates and advanced technics by arthroscopy

#### Total Time: 13 Hours

- 70 % Hands-On (Fresh Frozen Cadavers 9 hours)
- 30 % Lecture (4 hours)

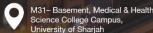
#### Target Audience:

- Fellows in Arthroscopy
- Residents in Orthopedic or in Plastic surgery
- Orthopedic Surgeons
- Hand surgeons

### **Featured Content**

Dusit Thani

- Diagnose and treat common and complex surgical pathologies of the wrist (synovial cyst, ligament tears and carpal instability, etc.)
- Cyst removal: procedures, tips and tricks
- Scapholunate instability treatment
- Scaphoid fracture and scaphoid nonunion arthroscopic assisted management
- Distal radius fracture and arthroscopic treatment
- Ulnar side pathologies treatment (WAFER procedure, TFCC repair etc...)













## DAY 1 - 8:00 AM - 5:00 PM

THEORICAL 1	TIME	Speakers
History and principles of wrist arthroscopy	10 min	Christophe Mathoulin
Wrist arthroscopy anatomy	10 min	Olivier MARES
Technique and portals	10 min	Abhijeet Wahegaonkar
Indications – Complications	10 min	Ahlam Arnaout
Removal of dorsal and volar synovial cyst	10 min	Marouane Bouloudhnine
Discussion	10 min	
	Coffee break - 15 min	
PRACTICAL 1		ALL FACULTY
CADAVER LAB	Exploration of normal wrist joint	
	Removal of foreign body, synovectomy,	
	removal of synovial cyst	
	Lunch 12h30	
THEORICAL 2	TIME	Speakers
Distal resection of the ulna	10 min	Christophe Mathoulin
Styloidectomy	10 min	Ahlam Arnaout
Principle of TFCC repair	15 min	Nebojsa Jovanovic
Scapho-lunate tear : arthroscopic repair	10 min	Abhijeet Wahegaonkar
Discussion	10 min	
	Coffee break - 15 min	
PRACTICAL 2		ALL FACULTY
CADAVER LAB	Peripheral TFCC repair	
	Scapho Lunate Dorsal Arthroscopic Capsulodesis	
	Styloidectomy	
	Wafer procedure	













# PROGRAM

DAY 2 - 8:30 AM - 5:00 PM

TIME	Speakers
10 min	Ahlam Arnaout
10 min	Olivier Mares
15 min	Christophe Mathoulin
10 min	Ehab Aldlyami
10 min	
Coffee break - 15 min	
	ALL FACULTY
Nonunion scaphoid arthroscopic bone graft	ing
Lunch 12h30	
TIME	Speakers
15 min	Marouane Bouloudhnine
10 min	Marouane Bouloudhnine
15 min	Olivier Mares
10 min	Olivier Mares
10 min	Ahlam Arnaout
10 min	
Coffee break - 15 min	
PRACTICAL 4	
Distal radius fracture plate and under arthroscopic control	
	10 min 15 min 10 min 10 min  Coffee break - 15 min  Scaphoid fixation Nonunion scaphoid arthroscopic bone graft Lunch 12h30  TIME 15 min 10 min 15 min 10 min 10 min 10 min 10 min 10 min

