

Wrist Arthroscopy Course

From Basic to Advance procedures

IRCAD-IWC learning courses. With the presence of Professor Mathoulin and his international team

COURSE DIRECTOR



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INTERNATIONAL FACULTY



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Wrist and Hand surgeon
International Wrist Center - Wrist center Paris
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Course director at IRCAD for
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Dr Abhijeet Wahegaonkar - India
Adjunct Professor of Orthopaedic & Hand Surgery,
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Dr. Nebojsa Jovanovic
Orthopedic surgeon and
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Dr. Ehab Aldiyami
Specialist Orthopedic Surgery
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Date:
24-25 May, 2022

Course Fees
AED 5,500 + 5% VAT

Last Date of Registration:
25 April, 2022

Level:
Basic to Advanced Course of Wrist Arthroscopy

Objective:

- Give capabilities to diagnosis and treat Basic to complex wrist lesions using arthroscopic techniques.
- Give capabilities to diagnosis and treat distal radius fracture with up-to-date low profile distal radius plates and advanced technics by arthroscopy



Location: Sharjah Surgical Institute, University of Sharjah

For Registration,
please scan the QR code





Sharjah Surgery Institute is committed to inspiring surgeon education by offering surgical skills workshops and courses in our state-of-the-art research facility. From which we are offering a Course of Wrist Arthroscopy for Orthopedic and Hand surgeons with the presence of worldwide renowned faculty from International Wrist Centers (IWC).

THE WRIST ARTHROSCOPY

Initially considered an innovative diagnostic tool, wrist arthroscopy has gradually emerged over the past 30 years as one of the gold standards in the treatment of number of post traumatic and degenerative pathologies of this complex joint. It is now regarded as an essential skill for any surgeon of the upper limb, hand, and wrist.

Learn from basic to advanced procedures in wrist arthroscopy in both theoretical and practical sessions held in two days. With the assistance of an international experienced faculty, the course agenda includes 4 cadaver lab hands-on training sessions focused on the must-known techniques such as cyst removal, TFCC repair, capsulo-ligamentous suture for scapholunate instability etc..

COURSE OBJECTIVES

- To acquire the theoretical and practical bases of wrist arthroscopy
- To provide indications for surgical treatment and discuss operative complications
- To cover a broad spectrum of arthroscopic procedures in wrist surgery
- To allow discussions and debate between surgeon trainees and experts
- To provide hands-on sessions to improve skills in wrist arthroscopy through practice on live tissues under experts' tutorials
- To diagnosis and treat distal radius fracture with up-to-date low profile distal radius plates and advanced technics by arthroscopy

Total Time: 13 Hours

- 70 % Hands-On (Fresh Frozen Cadavers - 9 hours)
- 30 % Lecture (4 hours)

Target Audience:

- Fellows in Arthroscopy
- Residents in Orthopedic or in Plastic surgery
- Orthopedic Surgeons
- Hand surgeons

Featured Content

- Diagnose and treat common and complex surgical pathologies of the wrist (synovial cyst, ligament tears and carpal instability, etc.)
- Cyst removal: procedures, tips and tricks
- Scapholunate instability treatment
- Scaphoid fracture and scaphoid nonunion arthroscopic assisted management
- Distal radius fracture and arthroscopic treatment
- Ulnar side pathologies treatment (WAFER procedure, TFCC repair etc..)

PROGRAM

DAY 1 – 8:00 AM – 5:00 PM

THEORICAL 1		TIME	Speakers
History and principles of wrist arthroscopy		10 min	Christophe Mathoulin
Wrist arthroscopy anatomy		10 min	Olivier MARES
Technique and portals		10 min	Abhijeet Wahegaonkar
Indications – Complications		10 min	Ahlam Arnaout
Removal of dorsal and volar synovial cyst		10 min	Marouane Bouloudhnine
Discussion		10 min	
Coffee break - 15 min			
PRACTICAL 1			ALL FACULTY
CADAVER LAB		Exploration of normal wrist joint	
		Removal of foreign body, synovectomy, removal of synovial cyst	
Lunch 12h30			
THEORICAL 2		TIME	Speakers
Distal resection of the ulna		10 min	Christophe Mathoulin
Styloidectomy		10 min	Ahlam Arnaout
Principle of TFCC repair		15 min	Nebojsa Jovanovic
Scapho-lunate tear : arthroscopic repair		10 min	Abhijeet Wahegaonkar
Discussion		10 min	
Coffee break - 15 min			
PRACTICAL 2			ALL FACULTY
CADAVER LAB		Peripheral TFCC repair	
		Scapho Lunate Dorsal Arthroscopic Capsulodesis	
		Styloidectomy	
		Wafer procedure	

PROGRAM

DAY 2 – 8:30 AM – 5:00 PM

THEORICAL 3	TIME	Speakers
Scaphoid fracture arthroscopic assistance	10 min	Ahlam Arnaout
Nonunion scaphoid fracture arthroscopic bone grafting	10 min	Olivier Mares
Vascularized graft for scaphoid nonunion	15 min	Christophe Mathoulin
Percutaneous fixation of scaphoid	10 min	Ehab Aldlyami
Discussion	10 min	
Coffee break - 15 min		
PRACTICAL 3		ALL FACULTY
CADAVER LAB	Scaphoid fixation	
	Nonunion scaphoid arthroscopic bone grafting	
Lunch 12h30		
THEORICAL 4	TIME	Speakers
Volar Distal radius fracture: what strategy ?	15 min	Marouane Bouloudhne
VOLAR SURGICAL APPROACH	10 min	Marouane Bouloudhne
DORSAL Distal radius fracture: what strategy ?	15 min	Olivier Mares
DORSAL SURGICAL APPROACH	10 min	Olivier Mares
Articular Distal radius fracture: arthroscopic control	10 min	Ahlam Arnaout
Discussion	10 min	
Coffee break - 15 min		
PRACTICAL 4		ALL FACULTY
CADAVER LAB	Distal radius fracture plate and under arthroscopic control	